

WHAT CAN SAFE HARBOUR DO FOR ME?

If you're worried about exploitation, or if you've been pushed into an exploitative situation, at the **Child Advocacy Center** we can provide you with:

- Food and Clothing
- Transportation
- Provision of Basic Needs
- Victim & Youth Advocacy
- Independent Living & Job Skills
- Youth Educational Groups
- Support Groups
- 24 Hour Crisis Line
- Family Services

REFERRALS FOR:

- Safe housing/Drop in Centers
- LGBTQ support
- Legal Advocacy
- Medical Advocacy
- Substance Abuse Support

OTHER RESOURCES

- For Caregivers and Youth: love146.org
- Cyber Tip Line: [1-800-843-5678](tel:1-800-843-5678)

Cortland County Child Advocacy Center

Located at 60 Central Avenue
Room B36 Cortland, NY 13045

Local Call: **607-753-5087**
Local Text: **607-345-3370**

National Hotline: **1-888-373-7888**

For Direct Contact to a Safe Harbour
Coordinator, please scan the QR Code



For more information about
Safe Harbour:

www.stopchildabuseincortland.org

 [@StopChildAbuseInCortland](https://www.facebook.com/StopChildAbuseInCortland)

Adapted from LOVE146 Online Safety Guide



IN CORTLAND COUNTY

A GUIDE FOR YOUTH



CORTLAND COUNTY CHILD ADVOCACY CENTER
60 CENTRAL AVENUE, ROOM B36 CORTLAND, NY 13045
Local Call: 607-753-5087
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WHAT IS THE SAFE HARBOUR PROGRAM?

This program provides resources and services to identify and give help to the youth in our community who are at risk of being exploited.

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**If you think you are being
or have been exploited, tell us!**

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WHAT IS TRAFFICKING?

When we hear about human trafficking, we think about the movie Taken, and scary strangers kidnapping people and selling them.

In real life, trafficking can take on many forms. Basically, trafficking is the use of force or coercion to make someone do something for the trafficker's profit. Anything to do with a minor (someone under 18) is also considered trafficking, willing or not!

Whether that's selling pictures, labor, or sex for money or rent or other goods, it's NOT OK! Traffickers will exploit any vulnerabilities like youth, abuse, homelessness, or just loneliness.

IDENTIFYING RED FLAGS:

Watch out for any of these red flags from someone new you're talking to, online or in real life:

"Do you have a pic?"

It may seem harmless, but some pictures can be used against you, either because they're not something

"You seem sad. Tell me what's bothering you"

It makes sense for a friend to be concerned for you, but keep in mind that concern might be fake, to get your trust.

"I know a way you can make money fast"

Anyone offering you a way to make money fast should probably not be trusted.

Don't get caught up in dealing with money with someone you don't know, especially if it includes sending photos or videos of yourself.

"What's your phone number/address?"

Personal info can be used to track you

"I love you"

Everyone enjoys hearing the words "I love you" but sometimes people will use this to manipulate you to do things you might not do otherwise, especially if they claim to love you really fast after meeting.

"Do what I ask or I'll show everyone the pics you sent me"

This one sounds obvious, but it can be very hard to know what to do if someone is threatening you. **Tell someone!**

ABOUT SEXTING...

**Thinking about sending a photo?
Ask yourself:**

- Would I do this face to face?
- Would I be okay with this photo being posted in my school's hallway?
- Do I feel pressure to send something? If so, who can I talk to about it?

**See a classmate's photo being
passed around?**

Don't jump to conclusions.

Ask yourself:

- If this were a photo of me, how would I want others to react?
- Tell a teacher or school counselor about the photo (you can ask them not to share who told them if you're afraid about how others will react).

**Someone sends you a picture and you
didn't even want to see it!**

- Tell someone you trust - you don't have to deal with this on your own!
- Even if you're upset, don't pass the pic on
- If they're texting or messaging, block them.